

# The Program in Palliative Care Education and Practice

April 27 - May 4 & November 9 - 15  
2010



## **PROGRAM DIRECTORS:**

**J. Andrew Billings, MD**

Massachusetts General Hospital

**Susan D. Block, MD**

Dana-Farber Cancer Institute  
Brigham and Women's Hospital

## **Pediatric Track**

### **PEDIATRIC TRACK DIRECTORS:**

**Joanne Wolfe, MD, MPH**

Dana-Farber Cancer Institute  
Children's Hospital Boston

**Tamara Vesel, MD**

Dana-Farber Cancer Institute  
Children's Hospital Boston



Provided by the Harvard Medical School Department of Continuing Education  
Offered by the Harvard Medical School Center for Palliative Care

# Medicine and Nursing Need Leaders in Palliative Care Education

The Harvard Medical School Program in Palliative Care Education and Practice (PCEP) offers intensive learning experiences for physician and nurse educators who wish to become expert in the clinical practice and teaching of comprehensive, interdisciplinary palliative care, as well as to gain expertise in leading and managing improvements in palliative care education and practice at their own institutions.

## Program Components

**Now includes a special pediatric track**

The course is delivered in two sections: Part I consists of 7 days of intensive learning, followed by a 6-month interim during which participants work on an individual project and contribute to weekly e-mail discussions of problematic, clinical, educational, and program development cases presented by other participants; and Part II is a 7-day block that includes continued experiential learning, and training focused on communication, teaching methods, teamwork and leadership.

### The curriculum features:

- Teaching the fundamentals of palliative care (evaluation of physical causes of distress, psychosocial and spiritual assessment, ethical and cultural issues, palliative care in geriatric and pediatric populations, depression, bereavement).
- Teaching about communication at the end of life (understanding the experience of life-threatening illness, breaking bad news, communicating across cultural barriers, family meetings, providing feedback to learners).
- Managing challenges in palliative care education (principles of adult learning, understanding, learning styles, new teaching methodologies).
- Developing and promoting clinical and educational programs in palliative care (assessing institutional structure and culture, evaluating readiness to change, dealing with resistance, developing and financing palliative care programs, fund-raising strategies).
- The Pediatric Track will highlight the unique aspects of pediatric palliative care.

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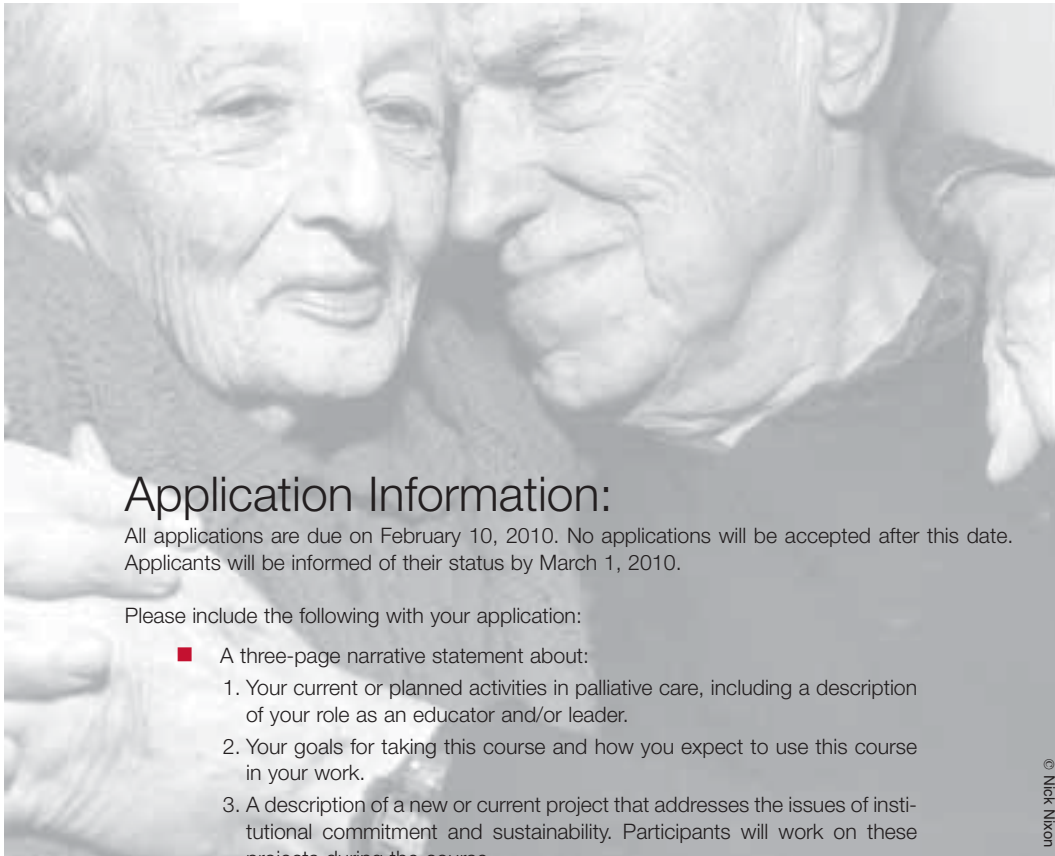
## Individual Projects and Faculty Mentoring

Teaching is learner-centered, and takes place in a variety of interactive formats, including small groups, large group discussions, demonstration interviews, and panel discussions. Participants have the opportunity to develop action plans for change at their institutions and to practice and receive feedback about their teaching and change strategies. Many opportunities for informal interchange will be available, including a 6-month structured e-mail exchange for distance learning and consultation on difficult problems in palliative care education and practice.

The course faculty includes physicians, nurses, social workers, and educators from within the Harvard teaching hospitals, as well as outside experts.

## Who Should Participate?

The Program in Palliative Care Education and Practice is designed for physician and nurse educators who wish to enhance their skills in clinical practice, teaching, and program development in palliative care and who have or seek to develop a leadership role at their institution.



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## Application Information:

All applications are due on February 10, 2010. No applications will be accepted after this date. Applicants will be informed of their status by March 1, 2010.

Please include the following with your application:

- A three-page narrative statement about:
  1. Your current or planned activities in palliative care, including a description of your role as an educator and/or leader.
  2. Your goals for taking this course and how you expect to use this course in your work.
  3. A description of a new or current project that addresses the issues of institutional commitment and sustainability. Participants will work on these projects during the course.
- A letter from your Dean, Department Chair, or similar institutional leader indicating a commitment to you and your career goals; institutional support for your project and release time (minimum 5%) for work on this project; and, support for your availability to participate fully in the course.
- Curriculum vitae that describes your professional responsibilities for the last five years.
- All scholarship applicants must include an additional statement with a rationale (less than one-half page) for consideration of scholarship funding.

## Scholarship Opportunities:

PCEP offers a small number of partial competitive scholarships for this program. PCEP scholarship recipients will be selected for their leadership abilities, commitment to participating in building the field of palliative care, service to underserved populations including pediatrics, and potential impact of their project. The goal of the scholarship program is to identify individuals early in their palliative care careers and to support their interests, competencies, and commitment to the field by providing them with outstanding training about teaching and developing palliative care programs in an academic setting.

### Eligibility Criteria:

- Faculty member, affiliated with a medical school or teaching hospital, in the first five years of an academic appointment; or,
- Master's level nurse with an academic affiliation with a hospital or nursing home and five years experience in nursing practice; and,
- A commitment to palliative care practice and education within an academic setting.

PCEP, with the support of the Project on Death in America, is now offering a small number of partial scholarships (50-75% of course tuition) specifically for international applicants.

### THE DEVELOPMENT OF THIS PROGRAM

was supported by an educational grant from Robert Wood Johnson. We are grateful for the Project on Death in America, Jane Weingarten and the late Dr. Charles Weingarten for support for scholarships and to the Good Samaritan, Inc. and The Kenneth B. Schwartz Center for support for the development of the pediatric track.

# Course Faculty

## Core Faculty

### J. Andrew Billings, MD

Director, Palliative Care Service  
Massachusetts General Hospital  
Associate Professor of Medicine  
Co-Director, Harvard Medical School Center for Palliative Care

### Susan D. Block, MD

Chair, Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital  
Professor of Psychiatry and Medicine  
Co-Director, Harvard Medical School Center for Palliative Care

### Janet L. Abraham, MD

Chief, Division of Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital  
Associate Professor of Medicine  
Harvard Medical School

### Craig Blinderman, MD, MA

Co-Director, Cancer Pain Clinic  
Attending Physician, Palliative Care Service  
Massachusetts General Hospital  
Instructor in Medicine  
Harvard Medical School

### Eva H. Chittenden, MD

Director of Educational Programs  
Attending Physician, Palliative Care Service  
Massachusetts General Hospital  
Lecturer in Medicine  
Harvard Medical School

### Constance Dahlin, MSN, ANP, BC, ACHPN, FPCN

Clinical Director, Palliative Care Service  
Massachusetts General Hospital

### Marshall Forstein, MD

Director of Resident Training in Psychiatry  
AIDS Program and Department of Psychiatry  
Cambridge Health Alliance  
Associate Professor of Psychiatry  
Harvard Medical School

### Todd Hultman, PhD, ACNP, ACHPN

Nurse Practitioner, Palliative Care Service  
Massachusetts General Hospital

### Vicki A. Jackson, MD, MPH

Associate Director, Palliative Care Service  
Massachusetts General Hospital  
Director, Harvard Palliative Medicine Fellowship  
Instructor in Medicine  
Harvard Medical School

### Juliet Jacobsen, MD

Assistant in Medicine, Palliative Care Service  
Massachusetts General Hospital  
Instructor in Medicine  
Harvard Medical School

### Maureen Lynch, MS, APRN-BC, ACHPN, AOCN, FPCN

Nurse Practitioner  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute

### Patricia O'Malley, MD

Pediatric Emergency Department  
and Pediatric Palliative Care Team  
Massachusetts General Hospital  
Assistant Professor of Pediatrics  
Harvard Medical School

### Kristen Schaefer, MD

Director of Resident Education  
Attending Physician  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital  
Instructor in Medicine  
Harvard Medical School

### Jane deLima Thomas, MD

Associate Physician  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Brigham and Women's Hospital  
Site Director, Harvard Palliative Medicine Fellowship Program  
Instructor in Medicine  
Harvard Medical School

### Christina K. Ullrich, MD, MPH

Attending Physician, Pediatric Palliative Care  
Pediatric Oncology and  
Hematopoietic Stem Cell Transplant  
Dana-Farber Cancer Institute  
Children's Hospital Boston  
Instructor in Pediatrics  
Harvard Medical School

### Tamara Vesel, MD

Fellowship Director, Pediatric Palliative Care  
Children's Hospital Boston  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Instructor in Pediatrics  
Harvard Medical School

### Joanne Wolfe, MD, MPH

Chief, Division of Pediatric Palliative Care  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Director, Pediatric Palliative Care  
Children's Hospital Boston  
Assistant Professor of Pediatrics  
Harvard Medical School

## Additional Faculty

### Anna C. Muriel, MD, MPH

Chief, Division of Pediatric Psychosocial Oncology  
Department of Psychosocial Oncology and Palliative Care  
Dana-Farber Cancer Institute  
Assistant Professor of Psychiatry  
Harvard Medical School

### Susan D. Parekcy

Senior Vice President for Development  
Dana-Farber Cancer Institute

### Lynne Warner Stevenson, MD

Director, Cardiomyopathy and Heart Failure Program  
Cardiovascular Division  
Brigham and Women's Hospital  
Professor of Medicine  
Harvard Medical School

## External Expert Faculty

### Eduardo Bruera, MD

F.T. McGraw Chair in the Treatment of Cancer & Medical  
Director, Supportive Care Center  
Department of Palliative Care and Rehabilitation Medicine  
MD Anderson Cancer Center  
Houston, Texas

### Eric Cassell, MD, MACP

Clinical Professor of Public Health  
Weill Medical College of Cornell University  
Adjunct Professor of Medicine  
Faculty of Medicine, McGill University

### Chris Feudtner, MD, PhD, MPH

Director, Pediatric Palliative Care Research  
Children's Hospital of Philadelphia  
Assistant Professor of Pediatrics  
University of Pennsylvania, School of Medicine

### Stefan J. Friedrichsdorf, MD

Medical Director, Pain and Palliative Care  
Children's Hospital and Clinics of Minnesota

### David E. Weissman, MD, FACP

Palliative Care Center  
Professor of Medicine  
Medical College of Wisconsin



## Registration Information

Tuition fee: \$5,953.50 (USD)

April 27 - May 4 and November 9 - 15, 2010

\*PLEASE NOTE: You must attend both sessions in order to complete the course. The fee, which includes May and November session, is \$5,953.50. The fee, due in full by March 31, 2010, covers the course materials, breakfast, lunches, and opening and closing banquets.

Once you have been accepted you will receive notification and payment instructions from Venus Watson, Program Manager.

## Refund Policy

A handling fee of \$200.00 is deducted for cancellation. Refund requests must be received by mail or fax two weeks prior to the course. No refunds will be made thereafter.

## Accreditation

Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Harvard Medical School designates Adult Track for a maximum of 90 AMA PRA Category 1 Credit(s)<sup>TM</sup> and Pediatric Track for a maximum of 92.5 AMA PRA Category 1 Credit(s)<sup>TM</sup> toward the AMA Physician's Recognition Award. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 Credit(s)<sup>TM</sup>.

## Accommodations

A small block of rooms has been reserved at the **Royal Sonesta Hotel Boston (Cambridge)** (\$229 single/double for April; \$259 single/double for November). Reservations should be made directly with the hotel. Please call (617) 806-4200 and identify yourself as a program participant.

Due to the intense nature of the course, we request that you keep most evenings free for program preparation and activities.

## Travel

For information about reduced airfare, call the Harvard Medical School-Department of Continuing Education at (617) 384-8600, Monday-Friday, 10 AM to 4 PM (EST).

## Questions?

Call (617) 582-7859 or e-mail: [Palcare@partners.org](mailto:Palcare@partners.org)



“The PCEP class was absolutely critical to my being able to finally start a Palliative Care program at my hospital. I had been trying for five years to receive funding for an inpatient PC consult service, without success. PCEP not only gave me great credibility (due to the ‘Harvard’ connection), it also prepared me to be a better clinician and educator. I highly recommend the program to anyone interested in furthering the field of Palliative Medicine. ”

Shoshana Helman, MD, Medical Director, Palliative Care Santa Clara Valley Medical Center, San Jose, CA, Class of 2005

“The PCEP course was a transformative event for me. It helped me find new capabilities within myself that both affirmed and deepened my commitment to pediatric palliative care. It has also helped me develop a network of colleagues, an invaluable asset in building my own pediatric palliative care program and caring for patients.”

Larry Fenton, Chairman, Sanford Children’s Hospital, Class of 2007

“Thank you for a truly transformative experience that I (and, clearly, many others) had through PCEP. Those were certainly the best two weeks of education (in the broadest sense of the word) I’ve ever had, which is saying a lot given how many years I went to school.”

Robert Macauley, Medical Director of Clinical Ethics, Fletcher Allen Health Care Pediatrician, Clinical Associate Professor of Pediatrics, University of Vermont College of Medicine, PCEP Class of 2006

**COURSE APPLICATION FOR PROGRAM IN PALLIATIVE CARE EDUCATION AND PRACTICE COURSE #302756**

**Program in Palliative Care Education and Practice**

**April 27 - May 4, 2010 and November 9 - 15, 2010**

**All applications are due on February 10, 2010. Incomplete applications will not be considered.**

- Please select the course track you are applying to:  
 Adult Track  
 Pediatric Track
- Number of dying patients you cared for in the last year \_\_\_\_\_
- Which organization do you best identify with (choose only one)  
 Center to Advance Palliative Care (CAPC)  
 American Academy of Hospice and Palliative Medicine (AAHPM)  
 The National Hospice and Palliative Care Organization (NHPCO)  
 Education on Palliative and End-of-life Care (EPEC)  
 Harvard Medical School-Department of Continuing Education
- **Scholarship Applicants** - please select all that apply:  
 MD in first 5 years of Academic Appointment  
 Master Level RN and 5 years clinical practice  
 Academic Palliative Care Commitment  
 Service to Underserved Population (please specify): \_\_\_\_\_  
 Institutional commitment and release time
- How did you hear about the course?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Name \_\_\_\_\_ Degree \_\_\_\_\_

Institution \_\_\_\_\_

Academic Title \_\_\_\_\_

Dept/Division \_\_\_\_\_

Clinical Affiliation \_\_\_\_\_

Mailing Address \_\_\_\_\_

\_\_\_\_\_

Email Address \_\_\_\_\_

Please check if you wish to be **excluded** from receiving email notices of future HMS-DCE programs

Tel: (    ) \_\_\_\_\_ Fax: (    ) \_\_\_\_\_

**Please send completed applications to:**  
 Venus Watson, Program Manager  
 HMS Center for Palliative Care, Dana-Farber Cancer Institute  
 44 Binney Street, Shields-Warren Building 411, Boston, MA 02115

Source Code: PCEP10